

*Dufferin Coalition for Kids...  
Working together to help you be the best parent you can be.*



## Dufferin Wellington Guelph Fetal Alcohol Spectrum Disorder

**Action Group Meetings**  
Wednesday, November 6  
Wednesday, December 4  
10:00am-12:00pm



**Virtual Parent/Caregiver Support Group**  
Wednesday, November 6  
Tuesday, November 19  
Wednesday, December 4  
Tuesday, December 17  
7:30pm-9:30pm

Contact: [fasd@dcafs.on.ca](mailto:fasd@dcafs.on.ca)  
For more information and to register, please visit: <https://www.dufferinwellingtonfasd.com/>



## The Parent Support Network Free Virtual Workshops

**Taming The Dragon: Anger and Stress Management**  
Wednesday, November 13  
7:00pm-8:00pm + 1/2 hour Q&A



**Riding the Waves – How to Help Your Child Navigate Rough Waters and Manage Their Anxiety**  
Wednesday, November 27  
7:00pm-8:00pm + 1/2 hour Q&A

[Registration Link](#)

[Registration Link](#)

Contact: [info@dpsn.ca](mailto:info@dpsn.ca)  
For more information, please visit: [www.parentsupportnetwork.ca](http://www.parentsupportnetwork.ca)



## Kerry's Place Autism Services Free Virtual Workshops

**Sibling Story Time: A Group for Children Who Have Autistic Siblings**  
Monday, November 4  
4:30pm to 5:30pm  
[Registration Link](#)

**Empowering Neurodiversity: Understanding Autism**  
Wednesday, November 6  
6:00pm to 7:30pm  
[Registration Link](#)

**First Steps: A New Diagnosis of Autism**  
Tuesday, November 12  
6:00pm to 8:00pm  
[Registration Link](#)

**Family Support Group for Caregivers: Supporting Rainbow Families**  
Wednesday, November 13  
6:00pm to 8:00pm  
[Registration Link](#)

**Letting In: Supporting 2SLGBTQ+ Autistic Youth**  
Thursday, November 14  
6:00pm to 8:30pm  
[Registration Link](#)

**Autism: Beyond the Diagnosis**  
Saturday, November 16  
9:30am to 12:00pm  
[Registration Link](#)

**Caregiver Nonviolent Crisis Intervention (NVCI)**  
Saturday, November 16  
9:30am to 12:00pm  
*\*will not receive a certificate of completion/ become NVCI certified.*  
[Registration Link](#)

**Flush It Out: Teaching Toileting Routines to Persons with Autism**  
Wednesday, November 20  
6:00pm to 8:30pm  
[Registration Link](#)

**Empowering Neurodiversity: Understanding Autism**  
Thursday, December 12  
9:30am to 11:00am  
[Registration Link](#)

**Caregiver Nonviolent Crisis Intervention (NVCI)**  
Wednesday, December 18  
1:00pm to 3:30pm  
*\*will not receive a certificate of completion/ become NVCI certified.*  
[Registration Link](#)



Contact: [intake@kerrysplace.org](mailto:intake@kerrysplace.org)  
For more information, please visit: <https://www.kerrysplace.org/>



## Dufferin Child and Family Services Free Virtual Workshops

**Teaching Essential Independent Living Skills**  
Tuesday, November 5  
9:30am-11:30am

**How to Help Your Child Go to Sleep and Stay Asleep**  
Tuesday, November 5  
6:30pm-8:30pm

**Behaviour Basics - Part 2**  
Wednesday, November 6  
6:30pm-8:30pm

**Introducing New Foods/Picky Eaters**  
Thursday, November 7  
9:30am-11:30am

**The Caregiver's Journey**  
Tuesday, November 12  
6:30pm-8:30pm

**Homework Helpers**  
Wednesday, November 13  
6:30pm-8:30pm

**Helping Your Child Transition Between Different Environments**  
Thursday, November 14  
9:30am-11:30am

**The Nuts and Bolts of Using Visual Supports**  
Tuesday, November 19  
9:30am-11:30am

**Toilet Learning/Training**  
Wednesday, November 20  
6:30pm-8:30pm

**Coffee Chat**  
Thursday, November 21  
9:30am-11:30am

**Next Steps: We Have a Diagnosis, Now What?**  
Tuesday, November 26  
9:30am-11:30am

**Behaviour Basics - Part 1**  
Wednesday, November 27  
9:30am-11:30am

**Transition Strategies from a Preferred to a Non or Lesser Preferred Activity**  
Tuesday, December 3  
6:30pm-8:30pm

**Toilet Learning/Training**  
Wednesday, December 4  
9:30am-11:30am

**Behaviour Basics - Part 2**  
Wednesday, December 4  
9:30am-11:30am

**The Caregiver's Journey**  
Wednesday, December 11  
9:30am-11:30am

**Managing Expectations During Holiday Celebrations**  
Thursday, December 12  
9:30am-11:30am

**Introducing New Foods/Picky Eaters**  
Tuesday, December 17  
6:30pm-8:30pm

**Teaching Essential Daily Living Skills**  
Wednesday, December 18  
9:30am-11:30am

**Family and Peer Mentoring Coffee Chat**  
Thursday, December 19  
9:30am-11:30am

To register for workshops and for more information, please visit: <https://behavioursolutions.dcafs.on.ca/foundational-family-services/>



## EarlyON Child and Family Centre Free Workshops

**Feelings After Birth**  
Tuesdays  
10:00am-11:30am & 12:30pm-2:00pm  
Orangeville EarlyON

**Lactation Support**  
Tuesdays  
1:30pm-3:00pm  
Orangeville EarlyON

**Filling Your Cup**  
Thursdays  
12:00pm-2:00pm  
Shelburne EarlyON

**Take a Break**  
Tues, November 19  
Tues, December 17  
1:00pm-2:00pm  
Shelburne EarlyON

**Adult Yoga**  
Wed, November 13  
Wed, December 11  
1:30pm-2:30pm  
Shelburne EarlyON

**Take a Break**  
Wed, November 20  
Wed, December 18  
1:00pm-2:00pm  
Orangeville EarlyON



Contact: [infoeycc@dufferincounty.ca](mailto:infoeycc@dufferincounty.ca) or EarlyON Family Centre, Programs | Dufferin County.

Please follow our social media to see all programs and updates:  
<https://www.facebook.com/DufferinEarlyON>  
<https://www.instagram.com/dufferinearlyon>



Please note, some agencies listed above have additional workshops for a fee.